Sign up for newsletter

Jme Shop

Soup and salad Pasta and pizza Risotto Fish recipes Meat recipes Veggles and sides Dessert and drinks

### Search recipes

Search



Jme Inspired by Jamle Oliver



# asian-inspired turkey salad and puncakes

#### Serves 4

This brilliant little salad is one for all of those people who say they only like white meat I promise, if you like crispy duck - and most people I know do - then you'll love this because actually, I think this crispy turkey meat is even better! The flavours are incredible and I guarantee this salad will smack everyone in the chops and wake them up after Christmas. The dressing will make quite a lot, but will keep for a few days and also be gorgeous over fish or other salads.

Shred the brown turkey meat into thin strips using your lingers and put it into a dry pan on a medium heat. Add the cashew nuts, dided cranbonies and five spice. Give it all a good stir then let it toast away while you got on with your salad. Give the pan a shake every now and then to make sure nothing catches

Add the mint and most of your corlander kaven to a bowl with your mixed saled? leaves. Make your dressing in a separate bowl by mixing the juice from your clementine and lime. Squeeze the julice from one of your pomegranate halves through your hands to catch any seeds then discard them. Stir in your grated onion. I fend to tise 3 parts oil to 1 part act when I'm making dressings, so look at what you've got in the bowl so far then pour in 3 three as much extra virgin olive oil. Add the soy sauce and sesame oil. Squeeze in all the juice from your grated glinger high throw away the

Give this lovely dressing a really good stir, and have a taste. If you want more salt, add a statch mure soy. If you want more acid, add another squeeze of lime juice. Drizzle over enough dressing to coat the salad leaves then use your hands to toss and dress them.

Add the honey to the pan with the turkey meat and stir through until coated. Turn the heat up to full whack for the last few seconds to really orisp up the meat mixture. At be point, make sure your guests are all at the table and ready to eat so you can serve the salad as soon as the hot meat hits the salad teaves. Toss half of your panfried ingredients through the salad leaves and transfer to a serving platter.

Spoon the remaining nuts, cranberries and crispy meat over the top of the salad and add another drizzle of dressing. Hold the remaining pomegranate half over the salad and knock it on the back with a spoon to the seeds pop onto the salad. Gerhan with a nice sprinkling of fresh red chilli, any remaining corlander leaves and serve right away.

## Ingredients

- 2 large handfuls of brown turkey meat
- 1 large handful of cashew nuts
- trandful of dried
- clanberties · 2 teaspoons ground five
- spice · a bunch of fresh mint, leaves picked
- · a bunch of fresh corlander, leaves ptcked-
- · 4 large handfuls of mixed saled leaves such as chicory, rocket, spinach, watercress (a mixture)
- 1 tablespoon runny honey
- 1 fresh red chilli. deseeded and finely chopped

### for the dressing

- · juice of 1 comonting
- · juice of 1 lima
- 1 pomegranate, halved
- · 1/2 red onlon, peoled and coarsely grated
- extra virgin olive oil
- · 1 tablespoon soy sauce
- 1 teaspoon sasame oil
- · a thumb-sized piece of fresh ginger, peeled and coarsely grated

More Meat recipes